

## 2010 material specifications

	DEPTH	WIDTH
<b>FULL PAGE</b>		
Trim	276mm	215mm
Bleed	286mm	225mm
Live Art	256mm	195mm
<b>DOUBLE PAGE SPREAD*</b>		
Trim	276mm	430mm
Bleed	286mm	440mm
Live Art	256mm	410mm
<b>1/2 PAGE HORIZONTAL</b>		
Trim	138mm	215mm
Bleed	148mm	225mm
Live Art	128mm	205mm
<b>1/2 PAGE VERTICAL</b>		
Trim	276mm	107mm
Bleed	286mm	117mm
Live Art	256mm	97mm
<b>1/3 PAGE VERTICAL</b>		
Trim	276mm	78mm
Bleed	286mm	88mm
Live Art	266mm	68mm

## submission of digital material

**Handyman** is being printed using computer-to-plate technology (ctp). As a result of this all the files are to be delivered digitally. They can be sent to **Handyman** via CD-ROM or Quickcut.

\* Allow 30mm in gutter (15mm on each page) for gutter creep.